

William Clearfield D.O.
9550 S. McCarran Blvd., Suite B
Reno, NV 89523
775-359-1222
drbill@rejuvenatereno.com

Patient Name _____
Reason For Visit _____ Date: _____
How Healthy are You Unhealthy 1 2 3 4 5 6 7 Very Healthy _____
Any Hospitalizations? Why? _____
Any Surgery? List _____

Health Issues

Hormone Replacement Heart/Angina/Murmur Eye/Glaucoma Diabetes/Thyroid
Dx. Stroke Cancer High Cholesterol Blood Pressure Liver/Hepatitis Migraines
Asthma Neurological Issues Heartburn/Colitis/Ulcers Anemia/Blood Issues
Sinus Issues Depression/Anxiety Psychiatric Disorders Short of Breath
Kidney/Bladder Seizures Arthritis Low Blood Pressure Lung Disease/Asthma
Seasonal Allergies

Any other medical treatment not listed above? _____

Allergies _____

Medications Taking _____

Supplements/Herbs _____

Do you Smoke or Use Tobacco? Never__ Daily__ On Occasion__ Former
Smoker__ How Many Packs/Day

Use alcohol? Never__ Social__ Daily__ Very Rarely__ How many drinks/wk__

Family (Living Y/N Illnesses)

Mother _____ Father _____

Sisters _____ Brothers _____

Grandmother(s) _____ Grandfathers _____

Females

How many times have you been pregnant? _____ Date of Last PapSmear _____

Date of Last Mammogram _____

Male/Female: Ever treated for an STD? _____ Do you use seat belts Y/N

MALE SYMPTOMS LIST

Androgen Deficiency

- Low libido
- Decreased erections
- Prostate problems
- Decreased urine flow
- Increased urinary urge
- Foggy thinking/Memory loss
- Decrease mental acuity
- Arthritis
- Aches/pain
- Bone loss
- Decreased muscle mass
- Fatigue/Decreased stamina
- Sleep Disturbances
- Depressed/Burned out feeling
- Heart palpitations
- Thinning skin/Hair loss
- Irritable

Androgen Excess

- Acne
- Oily skin
- Aggression
- Irritable
- Anxious

Estrogen Deficiency

- Hot flashes
- Night Sweats
- Apathy
- Foggy thinking
- Bone loss
- Depression

Estrogen Excess

- Prostate problems
- Decreased urine flow
- Increased urinary frequency
- Low libido
- Weight gain in hips/abdomen
- Nervous/Anxious
- Irritable
- Headaches
- Elevated triglyceride

Progesterone Deficiency

- Bone loss
- Prostate problems
- Decreased urine flow
- Increased urinary urge
- Decreased libido
- Sleep disturbances

Progesterone Excess

- Sleepiness
- Mild depression

Cortisol Deficiency

- Fatigue
- Sugar craving
- Allergies
- Asthma
- Sinusitis
- Chemical sensitivity
- Stress
- Aches/pains
- Arthritis
- Neck/back pain
- Muscle stiffness
- Hives/itching
- Fibromyalgia
- Low blood pressure

Cortisol Excess

- Sleep disturbances
- Bone loss
- Fatigue
- Weight gain in waist
- Loss of muscle mass
- Thinning skin
- Anxiety
- Stress
- Sugar craving
- Memory lapse

Thyroid Deficiency

- Weight gain
- Fatigue
- Lack of endurance
- Dizziness
- Joint stiffness
- Depression
- Anxiety
- Decreased concentration
- Muscle weakness
- Headaches
- Mood swings
- Irritability
- Word mix-ups
- TSH > 3.0

Thyroid Excess

- Weight loss/gain
- Fatigue
- Shakiness
- Heat intolerant
- Restlessness
- Increased thirst
- Hair loss
- Anemia
- Increased sweating
- Hives/itching
- Brittle nails
- Rapid heartbeat
- Chest pain
- Emotional swings/aggression

Name _____

Date _____ Age _____

